

NAME THE SEVERITY & THE LEVEL OF CONTROL OF ASTHMA

1. Ms. Samson presents to you for evaluation of her asthma. She is a 32-year-old female with a long history of asthma. She says the asthma has caused her to lose two jobs over the past year because of absenteeism. She also states that she has had to curtail her bowling league because of frequent attacks. She also complains that she wakes up almost every night wheezing. Her FEV_{1.0} is 1.2 L (predicted 2.4 L). **SEVERE PERSISTENT & POORLY CONTROLLED**
2. Mr. Eliason presents to you for evaluation of his asthma. He complains of frequent use of his albuterol inhaler (three or four times a week) and says it sometimes causes him to not participate in strenuous activities. He also complains of waking up occasionally (about 3 times/month) with shortness of breath and wheezing. **MILD PERSISTENT THAT IS NOT WELL CONTROLLED**
3. Mr. Jones presents to you for evaluation of his asthma. He states he usually has no problems breathing, but occasionally has a “flare up” that requires him to use his β-adrenergic inhaler (Proventil), which resolves the problem. His peak flow rate doesn’t vary much, except when he has these attacks. He complains of no night-time problems. **INTERMITTENT AND WELL CONTROLLED**
4. Mr. Bowles presents to you for evaluation of his asthma. He currently uses inhaled corticosteroids and albuterol daily to control his asthma. He states that he has an asthma episode that limits his activity about 2-3 times a week, some lasting for a few days. He also says that he occasionally is awakened with wheezing and dyspnea. His peak flow is usually about 70% of his one-time personal best. **MODERATE PERSISTENT THAT IS NOT-WELL CONTROLLED**