## colistimethate

- Brand Name: Colymycin, Colistin
- Alterative to Tobi in drug-resistant strains of Pseudomonas.
- From a group of antibiotics known as polymyxins and is similar to polymyxin B.
- Supplied as a powder that needs to be reconstituted.
- Has been identified to produce bronchospasm in some patients.
  - May require pre-treatment with a bronchodilator.
- Dose:
  - Children less than 2 years of age: 1 MU twice daily.
  - Children older than 2 years of age & adults: 2 MU twice daily

## Other Agents

- bupropion (Zyban, Wellbutrin)
  - Antidepressant usually used to treat major depressive disorders and season affective disorders.
  - Also decreases urge to smoke; mechanism is unclear.
- vareniciline (Chantix)
  - Mechanism of action is to partially block the  $\alpha 4-\beta 2$  nicotinic receptor in the brain.
  - Within 10 to 20 seconds of a single puff from a cigarette, nicotine attaches to this receptor.
  - The receptor, in turn, triggers large increases in dopamine, which rewards the smoker with a pleasurable sensation.

## Nicotine Replacement Therapy

- Precautions/Instructions
  - Replacement formulas DO contain nicotine.
  - Side effects can occur if using replacement formulas with tobacco.
  - Transference of nicotine dependency can occur.
  - Replacement formulas should be gradually withdrawn and stopped within 3 months.
  - HCW should avoid handling nicotine products.
- varenicline and bupropion: Mood swings even after drug has been stopped; some instances of suicide ideation have been associated with Chantix.
  - Questionable whether Chantix had direct influence or not.

